



## HORNSBY NORTH PUBLIC SCHOOL

Ida Street  
Hornsby NSW 2077

phone (02) 9987 4605 or (02) 9476 6410  
fax (02) 9482 2527

PO Box 516  
Hornsby NSW 1630

email [hornsbynth-p.school@det.nsw.edu.au](mailto:hornsbynth-p.school@det.nsw.edu.au)  
web [www.hornsbynth-p.schools.nsw.gov.au](http://www.hornsbynth-p.schools.nsw.gov.au)

## LIFE EDUCATION NSW WILL BE VISITING HORNSBY NORTH PS

**Thursday, 4 March to Thursday, 18 March 2021**

Following is a brief outline of the program contents that will be seen by the students:

KINDERGARTEN:	“My Body Matters”	Healthy food choices, importance of physical activity, sleep & keeping safe.
YEAR ONE:	“Ready Steady Go”	Benefits of physical activity, safety and what our body needs.
YEAR TWO:	“Growing Good Friends”	Caring for others, maintaining friendships. Helpful places and people.
YEAR THREE:	“All Systems Go”	Function of vital body parts and systems, healthy food choices & exercise.
YEAR FOUR:	“BCyberwise”	Cyber safety & cyber ethics and building positive relationships.

The program addresses many of the components and objectives within the NSW PDHPE curriculum.

The cost is \$12.00 per child which includes the Life Education Session, student workbook and a sticker. The programs are of 1 hour duration for Years K-2, and 1 ½ hours for Years 3 and 4.

Life Education NSW is a not for profit community-based organisation that relies heavily on the raising of funds within the community to assist in the delivery of the service.

This activity appears on the Term fees. If you have not paid the fees, please send the money to cover the cost of this program. Please return the permission note by Wednesday 3 March 2021.

Maree Sumpton  
Principal

---

## LIFE EDUCATION PERMISSION SLIP 2021

I give permission for \_\_\_\_\_ Class: \_\_\_\_\_  
to attend the Life Education program.

I have paid/or will pay for this activity in the Term One fees.

I have paid online. Receipt # \_\_\_\_\_

I enclose \$12.00 to cover the cost of this activity.

Parent/Guardian: \_\_\_\_\_

Date: \_\_\_\_\_