



From the Principal...

STUDENT SUPERVISION BEFORE AND AFTER SCHOOL

I would like to firstly acknowledge the vast majority of families who are doing the right thing in terms of the children arriving at school between 8:40-9:10am and collecting their children at 3:10pm. Being on time for school is vitally important to ensure the children participate fully in the lessons designed by our wonderful, professional teachers at Hornsby North Public School.

It is important to note that supervision for students begins at 8:40am. If you need your child to arrive at school before this time you will need to make arrangements with Before and After School Care (BASC) to supervise your children or make arrangements with families within our community to assist you. If they attend activities on school grounds before this time, then they need to arrive when that activity begins.

The same is also true in the afternoon. Parents and carers are responsible for collecting their child at the conclusion of the school day. If your child attends an activity on school grounds that begins after 3:10pm then parents and carers are required to collect their child from their teacher, or make suitable arrangements, at 3:10pm. Teaching staff are not required to be on duty after 3:10pm. There are far too many students waiting on school grounds in the afternoon to attend extra-curricular activities without appropriate supervision. Please ensure you make the necessary arrangements to ensure appropriate supervision of your children takes place after 3:10pm. If this situation does not improve then the school may need to look at the activities provided on school grounds after 3:10pm. These activities are provided on school grounds to make travelling to and from them more convenient for you. Parents and carers still have a legal responsibility to provide adequate care for their children and having them wait at school does not meet the threshold of adequate care.

I thank you for your assistance with this matter.

ATHLETICS CARNIVAL

Unfortunately, the school needed to postpone today's Athletics Carnival due to the weather. Decisions like this are never easy as there are many factors to consider when making a decision. Ultimately it comes down to the safety of the students. Given the rain, temperature and ground conditions we decided to postpone the carnival. As soon as we are able to reschedule the carnival we will be sure to advise the community. We apologise for any inconvenience caused by this decision and thank everyone for their patience and understanding.

Matt Pinchbeck
Principal

Around K-2 this week...

CODING

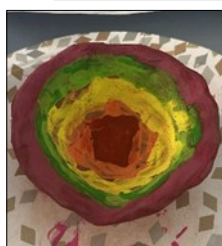
Year 1 have been coding using **Spike Essential**, using what they know about the life cycle of a frog to create a fun display with movement and sound effects. Students built a frog-themed structure then programmed it to spin and make noises. It was 'toad-ally' awesome to see how 1B problem-solved, got creative and brought their ideas to life with code!



Wishi Butthpitiya
Year 1 Classroom teacher

BOOMWHACKER FUN IN 1BT

Boomwhackers are fun, colourful tubes that make music when you hit them. They are light and easy to play, making them great for music lessons. Each tube makes a different sound, and 1BT showed great team work playing along to some fun tunes.



Two weeks ago we shared 2CJ's 'pinch pot' creations. Here are the finished items which were painted once they were fully dry. Well done, 2CJ.

Julie Hall
Deputy Principal



3-6 Matters...

NRMA ROAD SAFETY VISIT

Last week, the NRMA Road Safety team visited our Kindergarten to Year 6 students to teach them about staying safe on and around the road. Through fun, interactive activities and engaging storytelling, the students learned important messages about crossing the street safely, wearing seatbelts, helmets when riding and being aware of their surroundings.



YEAR 6 - CANBERRA

Next Wednesday Year 6 will travel to Canberra. Please look out for an email that will be sent later this week with final details.

THE IMPORTANCE OF SLEEP

Please see below information from The Resilience Project on the importance of sleep and the impact devices can have on children's sleep patterns.

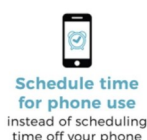
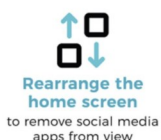
SUPPORTING THE MENTAL HEALTH OF OUR CHILDREN

Sleep & Devices

THE NUMBERS



WHAT CAN WE DO?



OTHER TOOLS FOR PARENTS

1. **Limit technology**, and reconnect with your kids emotionally through play and other activities they are interested in.
2. **Role model** the behaviour you would like to see
3. Limit your own time on your device to enable you to **have special time with your kids** that is not interrupted by a work email!
4. **Don't be afraid to set limits!** Turning off the Wifi and leaving your devices on the kitchen bench are great ways to help your child get quality sleep



Kylie Cale
Relieving Deputy Principal

SRE/E NEWS

The Ethics co-ordinator is currently looking for volunteers to teach a Kindy and a Y3 class. These two classes are currently without a volunteer teacher.

Primary Ethics is the provider for our ethics program and all training is provided. A commitment of 30 minutes on Thursday morning is needed. Please see the ad at the end of this newsletter and contact Mandy Walmsley for details on hnpes.ethics@gmail.com

Julie Hall
Deputy Principal

THE RESILIENCE PROJECT™

WHAT ARE GEM CHATS/CONVERSATIONS

GEM Chats are regular discussions where students reflect on **Gratitude, Empathy, and Mindfulness (GEM)**, helping them build resilience and positive mental health through *The Resilience Project*. Parents can have GEM Chats with their child at any time, such as during mealtimes, on the way to school, or before bed. These conversations create a great opportunity to connect, encourage positive thinking and support emotional well-being.

VALUE FOR THE WEEK

Mindfulness

Paying attention to what's happening right now.

GEM Conversation

Time flies when you're having fun! Describe an activity you enjoy where it feels like time flies.

GEM Chats Mindfulness

CREATING WELLBEING HABITS & CONNECTION

GEM Chats help families practice The Resilience Project's principles, offering a simple wellbeing check-in while **building stronger connections through daily conversations.**

HOW TO USE GEM CHATS

Make GEM Chats a part of your dinner routine to reflect, check in, and practice mindfulness.

Try these prompts:

- ★ What mindfulness tools did you use today?
- ★ Take a moment to look out the window or around the room.
 - 3 things you can see.
 - 2 things you can hear.
 - 1 thing you can feel.
 - Notice how you feel after stopping for a moment.

TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:

[@theresilienceproject](https://www.instagram.com/theresilienceproject)
[The Resilience Project](https://www.facebook.com/theresilienceproject)
[The Resilience Project](https://www.linkedin.com/company/theresilienceproject)
[theresilienceproject.com.au](https://www.theresilienceproject.com.au)

Coming Events...

Monday 9 June	King's Birthday Public Holiday
Tuesday 10 June	Kindy "Fresh for Kids" incursion
Wednesday 11 June	Kindy "Fresh for Kids" incursion Yr 3, 4B, 4D & 4LP - World of Maths incursion Yr 6 Canberra Camp Day 1
Thursday 12 June	Yr 6 Canberra Camp Day 2 2CJ, 2I, 2S Aboriginal Studies incursion
Friday 13 June	Yr 6 Canberra Camp Day 3 Kindy "Fresh for Kids" incursion
Monday 16 June	1L & 1F - Schoolhouse Museum excursion
Wednesday 18 June	1B, 1BT & 1E - Schoolhouse Museum excursion
Friday 20 June	Kindy "Fresh for Kids" incursion



Canteen News...

♻️♻️♻️ Did you know that some of the items we sell at the canteen can be recycled? ♻️♻️♻️ There is a **Return and Earn** basket near the canteen for empty poppers, milk bottles and water bottles.



The canteen also welcomes volunteers to help prepare recess and lunch orders for our students. For more information, contact hornsbythcanteen@gmail.com

Uniform Shop News...

IN-PERSON PURCHASES AT THE UNIFORM SHOP

Families need to purchase new uniforms via our online store:

<https://hnps-uniform-shop.myshopify.com>

2025 OPENING HOURS:

Wednesdays: 9am—10am
Fridays: 9am—10am



You can use your own device or the Uniform Shop iPad even when making in-person purchases at the uniform shop. Volunteers will then provide you with your order to take with you. **NO cash or EFTPOS accepted for new uniforms.** Second-hand uniforms and uniforms that may not be returned or exchanged may be bought via EFTPOS. No cash or AMEX. For online purchases please visit above website.

CONTACT US

Email: hnpsuniforms@gmail.com

Uniform Shop Volunteers

P & C News...

EXCITING NEWS FROM THE BAND PROGRAM!

We're thrilled to announce that our Wind Ensemble – the most senior band at our school – has been selected to perform at the **Primary Proms Coorong Concert on Tuesday, 23rd September 2025 at Sydney Town Hall!** This is a fantastic achievement and a testament to the dedication of our students and conductors over the past 3–4 years. Congratulations to everyone involved – we can't wait to see you shine on stage!

JOIN THE BAND COMMITTEE!

We're currently looking for a **Band Coordinator** to join the P&C. This role acts as a link between the Band Committee and the P&C – a great opportunity to support our school's vibrant music program. If you're interested or would like to know more, please reach out!

YOUR VOICE MATTERS

We'd also love to hear your thoughts on fundraising ideas and how P&C funds could best support our school community. Whether it's big or small, your input helps shape the future of our school – so feel free to get in touch and share your ideas!

Contact us at hello@hornsbynorthpandc.com.au

P & C Committee

Community News...



Become a foster carer today

Open your heart
and home to
a child in need

We urgently need
more foster carers in
NSW, and you could be
who we're looking for!



Interested?
Snap the code
to learn more

➤ **Make a difference**
Give stability and
support to a child
or young person.

➤ **Be rewarded**
Transform lives,
including your own.

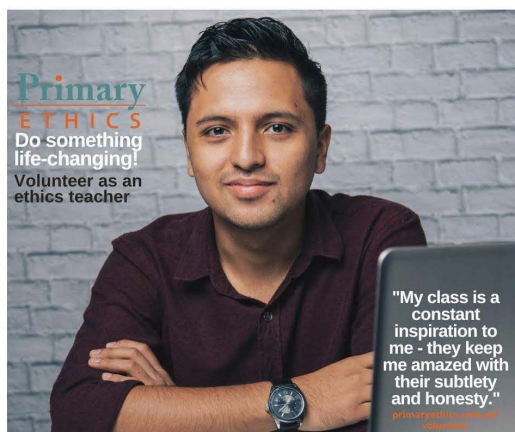
➤ **Be part of the
community**
Join a network
making an impact
in young lives.

wesley mission



Primary

ETHICS



Hornsby North Ethics requires a volunteer to take on an existing Ethics class in 2025.

Until volunteers are recruited, the SEE class will participate in other meaningful activities.

Ethics classes are thought-provoking and give children a chance to practise skills like disagreeing respectfully with others. They will be encouraged to try to find answers to the questions posed by giving reasons, finding evidence and building on each other's ideas. For more information about the Primary Ethics program, please visit primaryethics.com.au.

Each week the children discuss a topic from the approved Primary Ethics curriculum suitable for their age. Children discuss topics such as:

- how should we treat living things?
- what is laziness?
- how do we disagree in a respectful way?
- what is fairness?

Classes run for 30 minutes in the SEE timeslot each week – Thursday morning from 9.45am.

Lesson plans for ethics classes are provided by Primary Ethics, so you don't need to create your own lessons. Ethics teachers receive full training through online modules and a comprehensive 2-day training workshop.

If you or someone you know is looking for an opportunity to make a valuable contribution to our school and your family, please use the QR code to register, or contact the HN Ethics Coordinator, Mandy Walmsley on hnpes.ethics@gmail.com for more details.