



From the Principal...

BIGGEST MORNING TEA TOMORROW!

We are thrilled to announce that our Biggest Morning Tea event is happening tomorrow at 11am in the school hall. This event is not just a chance to enjoy some delicious treats and refreshments, but also an opportunity to contribute to a crucial cause, supporting cancer research and patient care. We invite all families and community members to join us for this worthwhile occasion.

Donations can be made on the day, whether it's a gold coin contribution or more, every bit helps! Special thanks to Mrs. Irvine for her dedication and meticulous planning in organising this event. We also want to extend our thanks to all staff members who have contributed their time, baked goods, and enthusiasm. Your efforts truly make a difference in bringing our community together for such an important cause. We look forward to seeing everyone!

SCHOOL COMMUNITY CHARTER REMINDER

At our school, we pride ourselves on maintaining a respectful and positive environment for all students, staff, and visitors. As part of this commitment, we want to remind everyone of our School Community Charter, which outlines the expected levels of behaviour on school grounds.

It is vital that all members of our community demonstrate respect, kindness, and cooperation. This includes following school rules, respecting property, and treating one another with dignity. We appreciate the majority of our community who consistently uphold these standards and contribute to a harmonious atmosphere at our school.

However, we must also address that there have been instances where expected behaviours have not been met. We ask everyone to please reflect on our shared values and work together to ensure our school remains a safe and welcoming place for all. Thank you for your understanding and support in making our school community the best it can be!

ZONE CROSS COUNTRY ON TUESDAY, 27 MAY

We are excited to celebrate the achievements of our students who have qualified to represent our school in the upcoming Zone Cross Country event on Tuesday, 27 May. This is a fantastic opportunity for our athletes to showcase their hard work and dedication in a competitive setting. We wish all participants the best of luck as they compete and aim to achieve personal bests.



A huge thank you goes out to Mr. Lawrence for his exceptional organisation of the school's Cross-Country event. His efforts have been instrumental in providing our students with the chance to train and prepare effectively. We appreciate the time and energy he has invested in ensuring our students are ready for the Zone competition.

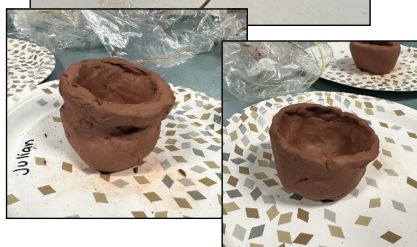
Additionally, we are still working on securing a date for the K-2 Cross Country event. We understand that this event is important for our younger students and their families, and we want to assure you that it will go ahead. We will communicate the details as soon as the date is confirmed, so please stay tuned for updates.

Thank you for your ongoing support and enthusiasm for our school events. Let's continue to encourage our students to pursue their passions and celebrate their achievements!

Matt Pinchbeck
Principal

Around K-2 this week...

In Weeks 2 & 3, Year 2 learnt to make 'Pinch Pots' out of clay. You can see from the smiles and concentration on the faces of these students from 2CJ and 2MP it was a fantastic lesson! They listened well to the instructions and were able to complete their pots ready to hold a candle. Once the clay has dried, they will paint their creations to take home.



Kindergarten shared their News describing and designing their 'Dream Rain Boots'. There were some excellent ideas and questions from their peers in KLM.



Year 1 students engaged in their science lesson learning about Life cycles through robotics. Whilst Year 2 enjoyed exploring forces using Lego BricQ Motion.



WALK SAFELY TO SCHOOL DAY

The rain eased just in time for 'Walk Safely to School' last week. Thank you to Miss Munday, Mrs Supple and Miss Fisher for organising the event. Our wonderful P&C purchased the fruit for the students to enjoy.



Thank you, Mrs Fitzsimons for over-seeing the composting following the delicious fruit served at recess. It was a wonderful community event.

A very special thank you to the parents and teachers who walked with the students. Families were joined by Mrs Bell, Mr Egarr, Miss Elward, Miss Page, Ms Floyd, Mrs Lewis, Mrs Buthpitiya, Mr Howard, Mr Peng, Mrs Faber, Miss Johnstone, Mrs Gondo, Mrs Tot, Miss Hill, Miss Antipolo, Mrs Collett, Mrs Fitzsimons and Mrs Gates. Great teamwork everyone!



Julie Hall
Deputy Principal

3-6 Matters...

NSW PUBLIC SCHOOLS STUDENT SURVEY 3-6 STUDENTS ONLY

In Term 2, our school is taking part in the NSW Public Schools Student Survey. The survey is being conducted by the NSW Department of Education (the department) and invites students to provide valuable feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. The survey will allow the department to conduct analysis and research into student wellbeing and engagement to drive improvement for all NSW public schools. If you do not want your child/children to take part in the survey, please complete the Opt Out form that was sent home **by the 23rd May 2025**.

On Monday 26th May we are excited to welcome a school-wide assembly called NED's Resiliency Ride. The assembly is filled with storytelling, humour, illusions and amazing yo-yo tricks where our students learn the hidden message in NED's name. **Never** give up, **Encourage** others, **Do** your best. There is no cost for students to attend this assembly. Students will also have the opportunity to purchase their own yo-yo if they so wish. More information on how to purchase these to come.



For more information -

<http://www.thenedshow.com/parents.html>

Kylie Cale
Relieving Deputy Principal

YEAR 4 AUSTRALIAN MUSEUM EXCURSION

Year 4 recently visited the Australian Museum and took part in a guided tour titled *Caring for Sea Country*. This program focused on how Aboriginal and Torres Strait Islander peoples care for coastal and marine environments. Students learned about sustainable practices, the ongoing connection First Nations peoples have with Sea Country, and the cultural and spiritual significance of these places. The tour deepened students' understanding of Indigenous perspectives on caring for Country and the



importance of protecting these environments. Students also had the chance to explore the rest of the museum and were fascinated by a range of exhibits. It was a day filled with cultural learning, curiosity and discovery.



Sarah Johnstone
Stage 2 Classroom Teacher

CANCER COUNCIL AUSTRALIA'S BIGGEST MORNING TEA

We are very excited to be able to welcome parents to our Biggest Morning Tea tomorrow, Thursday 22nd May. Morning tea will be served from 11:15 in the hall. We would love to see you all there, enjoying a cuppa and the food our wonderful staff have prepared. If you wish to contribute a small donation, there will be a bucket in the hall or you can scan the QR to donate electronically. It would be fantastic to see as many parents as possible supporting this event.



Looking forward to seeing you and showing our support for the Cancer Council.

Nicole Irvine
Stage 1 teacher / Event organiser

Coming Events...



Thursday 22 May	Biggest Morning Tea Yr 2 Aboriginal Studies incursion (2A, 2B & 2MP)
Monday 26 May	K-6 Ned's Resiliency Ride performance
Tuesday 27 May	Zone Cross Country - Rofo Park
Wed 28 - Thurs 29 May	NRMA Road Safety Day
Wednesday 4 June	Yrs 3 - 6 Athletics Carnival - Foxglove Oval Yr 2 - World of Maths incursion
Monday 9 June	King's Birthday Public Holiday
Tuesday 10 June	Kindy "Fresh for Kids" incursion
Wednesday 11 June	Kindy "Fresh for Kids" incursion Yr 3 & 4B, 4D & 4LP - World of Maths incursion Yr 6 Canberra camp Day 1
Thursday 12 June	Yr 6 Canberra camp Day 2
Friday 13 June	Yr 6 Canberra camp Day 3 Kindy "Fresh for Kids" incursion

THE RESILIENCE PROJECT™

WHAT ARE GEM CHATS/CONVERSATIONS

GEM Chats are regular discussions where students reflect on **Gratitude, Empathy, and Mindfulness (GEM)**, helping them build resilience and positive mental health through *The Resilience Project*. Parents can have GEM Chats with their child at any time, such as during mealtimes, on the way to school, or before bed. These conversations create a great opportunity to connect, encourage positive thinking and support emotional well-being.

VALUE FOR THE WEEK

Emotional Literacy

Happy, grumpy, excited, scared – emotions are like messengers from our bodies!

Emotional literacy helps us understand these messengers, so we can better express our feelings.

GEM Conversation

Name five emotions that can feel challenging or uncomfortable.

THE RESILIENCE PROJECT.

GEM Chats Emotional Literacy

CREATING WELLBEING HABITS & CONNECTION

GEM Chats help families practice The Resilience Project's principles, offering a simple wellbeing check-in while **building stronger connections** through daily conversations.

HOW TO USE GEM CHATS

Make GEM Chats a part of your dinner routine to reflect, check in, and practice emotional literacy.

Try these prompts:

- ★ What **emotion** do you feel right now and why?
- ★ What are **some emotions** you have felt today/this week? How did you **identify** them?
- ★ Describe a moment from your day when you **felt excited**.
- ★ What emotions have you noticed today in your **friends, teachers** or **family members**? How did you recognise these emotions?
- ★ What could you do today/tomorrow to **experience a positive emotion**?



TO LEARN MORE ABOUT THE RESILIENCE PROJECT, HEAD TO:

@theresilienceproject_ The Resilience Project The Resilience Project theresilienceproject.com.au



Canteen News...

ATHLETICS CARNIVAL VOLUNTEERS NEEDED

The canteen would love volunteers on Athletics Day Wednesday, 4th June. We will require volunteers at Foxglove Oval as well as the school canteen. Sign up to volunteer at Athletics Day here:

<https://signup.com/go/CmvOvXW>

Uniform Shop News...

IN-PERSON PURCHASES AT THE UNIFORM SHOP

Families need to purchase new uniforms via our online store:

<https://hnps-uniform-shop.myshopify.com>

2025 OPENING HOURS:

Wednesdays:	9am—10am
Fridays:	9am—10am

You can use your own device or the Uniform Shop iPad even when making in-person purchases at the uniform shop. Volunteers will then provide you with your order to take with you. **NO cash or EFTPOS accepted for new uniforms.** Second-hand uniforms and uniforms that may not be

returned or exchanged may be bought via EFTPOS. No cash or AMEX. For online purchases please visit our website:

<https://hnps-uniform-shop.myshopify.com>

CONTACT US

Email: hnpsuniforms@gmail.com

Uniform Shop Volunteers

Community News...

We're coming to town

Give life. Give blood in Hornsby.
21 to 24 May

We're rolling in to:
Hornsby
Dural Lane car park, 1-3 Dural Street
HORNSBY NSW 2077
Open daily

Book your donation now

13 14 95
give blood

Screen Savvy Parents Webinar
28 May @ 6.30pm

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